

ALOE

2012

Girl Scouts of Gateway Council
ALOE Weekend
January 27 – 29, 2012

ALOE Weekend is our 3rd annual Adult Learning Opportunity Extravaganza event for Adult Girl Scout volunteers. It's a time for learning new things, enjoying old friends and making new friends, and a chance to earn hours toward a leaf for your development pen. During the weekend there will be several different opportunities to choose to participate in or have some free time to relax.

Attend ALOE Weekend and enjoy the beauty of North Fork Leadership Center and see what it has to offer. Registration is on a first-come, first-served basis.

Camp training is not required to attend this event. If this is your first opportunity to attend ALOE Weekend or camp at one of our Council Properties, please view the "***What should I bring to Camp?***" packing list provided on our website www.girlscouts-gateway.org on the volunteer resource link.

Registration opens on August 1, 2011 and closes on Friday, January 13, 2012 and is on a first-come, first-served basis.

There are 3 ways to register for this event:

- 1) Visit our website and click the register for training link,
- 2) Call our activity registrars 904-388-4653
- 3) Complete this application and mail it into your service center.

In the event you need to cancel your registration you must do so by Friday, January 13, 2012 in order to receive a full refund. There will be no refunds after this date.

The event fee for the weekend, Friday evening through Sunday morning, is \$35.00. This includes all meals and activities. If you would just like to attend for the day on Saturday, the cost will be \$30.00. This covers all meals and activities on Saturday.

Sleeping facilities at North Fork Leadership Center consist of cabins containing 4 bunk beds in each. If you have a Medical reason requiring a bottom bunk, please email mcolee@girlscouts-gateway.org and request a hold to be placed on a bottom bunk before January 13, 2012. The location of this bottom bunk will be determined upon your arrival. All other sleeping assignments will be on a first come first serve basis and will be determined at check in.

If you prefer, you may bring your own tent. The tent area will be located in the far side of the activities field. If you are bringing a tent, please ask for tent placement during check-in.

Check in time begins, Friday evening at 5:30 pm. Please do not arrive prior to this time as the registration table will not be available and you will not be able to select sleeping arrangements until check in.

On Friday bring your favorite snack to share with other participants for the evening!

Meals:

Listed below is a menu for the weekend. Some items may change due to availability on the weekend. If you have any food allergies please email them to mcolee@girlscouts-gateway.org by Friday, January 13, 2012.

Friday

Dinner: Eat at home, on the way or bring your own dinner with you.

Saturday

Breakfast: French Toast, sausage, fruit, yogurt and juice, coffee, or tea.

Lunch: BBQ Pork, Chicken, Coleslaw, Beans, Macaroni & Cheese, and ice tea or lemonade.

Dinner: Salad, Spaghetti, garlic bread and ice tea or lemonade.

Sunday

Breakfast: Sausage Gravy, Biscuits, grits, fruit , yogurt and juice, coffee, or tea.

Schedule of Events:

Friday, January 27, 2012

- 5:30 - 8:30 pm Arrival & Check-In: Towers Activity Center located in the Fishing Village. At check in you will receive a name tag, and class location information sheet, you will sign up for Kapers and choose your sleeping location.
- 8:00 – 10:00 pm Campfire Magic
- 9:00 pm Snacks brought from participants

Saturday, January 28, 2012

- 7:30 – 8:45 am Arrival & Check-In: Towers Activity Center located in the Fishing Village. At check in you will receive a name tag, and class location information sheet, you will sign up for Kapers and choose your sleeping location.
- 8:00 am Flag Ceremony, Announcements & Grace for Breakfast in front of the water at the Towers Activity Center. Pick up Breakfast at the Towers Activity Center and eat in one of the two program shelters in the Fishing Village.
- 9:00 am-10:30 am 1st Session
- 10:50 am – 12:20 pm 2nd Session
- 12:30 pm Announcements & Grace for Lunch in front of the water at the Towers Activity Center. Pick up lunch at the Towers Activity Center and eat in one of the two program shelters in the Fishing Village.
- 1:45 pm- 3:15 pm 3rd Session
- 4:05 pm- 5:35 pm 4th Session
- 4:30 - 6:45 pm Girl Scout Store - located in the upstairs loft of the Towers Activity Center (cash/checks/VISA/MasterCard/Cookie Doughs).
- 6:00 pm Announcements & Grace for Dinner in front of the water at the Towers Activity Center. Pick up dinner at the Towers Activity Center and eat in one of the two program shelters in the Fishing Village.
- 7:30 – 9:00 pm Camp Fire Flag Ceremonies
- 8:30 pm Snack
- 9:00 – 10:00 pm Night Sky Viewing

Sunday, January 29, 2012

- 7:00 – 7:45 am Rise and Shine - pack all gear and remove from cabin or tents and place gear in trailers outside of each village. Sweep and clean all cabins. Clean and disassemble tents.
- 8:00 am All gear transported to parking lot so participants can load their gear in the car before the 9:00 class.
- 8:15 am Announcements & Grace for Breakfast in front of the water at the Towers Activity Center. Pick up Breakfast at the Towers Activity Center and eat in one of the two program shelters in the Fishing Village.
- 9:00 - 10:30 am 5th Session
- 11:00 am - 12:00 pm Complete Camp Kapers and Check-Out (evaluation & patch)
- 12:00 pm Camp Closed - ALL Campers have departed.

Friday Night Activity:

Camp Fire Magic

Learn some interesting things to do around a campfire. If you have a flag that needs to be retired, bring it with you and learn how to properly retire a flag.

1st Session - Saturday, 9:00 am - 10:30 pm

- A. Outdoor Cooking Techniques This is a 3 hour class. Do not choose an option for Session 2.
- B. Songs & Games Ready to have fun! Send this class learning new songs and games that you can take back and teach to your girls!
- C. Bronze, Silver, & Gold Workshop Join us for an in depth discussion of the process of earning Girl Scouting three highest award, Bronze, Silver and Gold! We will clarify frequently asked questions and walk through the steps for a better understanding so you are ready to lead girls in taking Action in their communities.
- D. Conflict Resolution During this session you will define what causes stress and frustration, identify personal approaches to conflict and demonstrate steps to resolve conflict
- E. Delegating Responsibility Learn 7 steps to sharpen your skill for effective delegation. Develop ways to keep your troop or service unit focused on the end result. Discover how to build trust, commitment and confidence in your troop or service unit.

2nd Session - Saturday, 10:50 am – 12:20 pm

- F. What to do Instead of Screaming You are already doing group management – you use the quiet sign, kaper charts and pre-meeting activities. You might have had luck with talking sticks or the handkerchief in the air game. Today you will get more ideas of how to control the group before the group controls you
- G. Take Action projects Join us for an in depth discussion on take action projects and the difference between take action and service projects
- H. Adult Recognitions; Awards that Say Thank You! This workshop is for service unit chairs and others who wish to support our efforts to nominate adults in Girl Scouting for recognitions sanctioned by GSUSA and GSGC. Learn how to write terrific nominations and get tips on how to secure necessary letters of endorsement from girls, parents, volunteers and staff

- I. Planning Successful Events and Campouts Help ensure your events are successful. Learn how to create a budget, involve girls in planning and decision making, and plan the program.
- J. Bridging Training This workshop is designed to provide you with the tools you need to guide your girls through the bridging process.

3rd Session - Saturday, 1:45 – 3:15 pm

- K. Time Management Learn to use a strategic time investment strategy to focus priorities, while balancing Girl Scout and personal commitments. We will discuss steps to avoid the “kiss of yes” and learn how to say “No” creatively. Learn how to encourage your girls and parents to have a plan of their own and establish an early warning system to identify problems and help manage priority shifts
- L. Bronze, Silver, & Gold Workshop Join us for an in depth discussion of the process of earning Girl Scouting three highest award, Bronze, Silver and Gold! We will clarify frequently asked questions and walk through the steps for a better understanding so you are ready to lead girls in taking Action in their communities.
- M. Conflict Resolution During this session you will define what causes stress and frustration, identify personal approaches to conflict and demonstrate steps to resolve conflict
- N. Delegating Responsibility Learn 7 steps to sharpen your skill for effective delegation. Develop ways to keep your troop or service unit focused on the end result. Discover how to build trust, commitment and confidence in your troop or service unit.
- O. Social Media Mavens / Promoting Girl Scouts in Your Community Share your stories through social media. Facebook, Twitter, YouTube, Instagram – which tools should you use to communicate with your troop and the community at large? Find out how to share your stories with the rest of the council through social media and publications. Get the inside scoop on publicity for your troop or service unit’s activities. This class is for social media users and communications liaisons at any level of expertise.

4 th Session - Saturday, 4:05 – 5:35 pm

- P. Swaps and Traditions What is a Swap anyway? Join us to discover the meaning of swaps and learn about many more Girl Scout Traditions

- Q. Take Action projects Join us for an in depth discussion on take action projects and the difference between take action and service projects
- R. Astronomy Activities Sign up to get hands on with some fun and educational activities you can teach to your Girl Scouts! Four activities will be presented by a training group that went to the Goddard Space Center. Take a packet of information home with you including all the activities you completed, plus more! Materials list and instructions for all activities also included
- S. Social Media Mavens / Promoting Girl Scouts in Your Community Share your stories through social media. Facebook, Twitter, YouTube, Instagram – which tools should you use to communicate with your troop and the community at large? Find out how to share your stories with the rest of the council through social media and publications. Get the inside scoop on publicity for your troop or service unit’s activities. This class is for social media users and communications liaisons at any level of expertise.
- T. Adult Recognitions; Awards that Say Thank You! This workshop is for service unit chairs and others who wish to support our efforts to nominate adults in Girl Scouting for recognitions sanctioned by GSUSA and GSGC. Learn how to write terrific nominations and get tips on how to secure necessary letters of endorsement from girls, parents, volunteers and staff

Saturday Night Activities

Flag ceremonies	If you always wanted to know what types of flag ceremonies you can do with your girls, then this is the class for you. Learn different types of flag ceremonies and proper flag etiquette.
Intro into night sky viewing	Experience the night sky and explore a whole new world! Participants will have a night time telescope observation session. This training does not provide certification; however it trains participants in proper telescope care and use and enables ONLY these participants to reserve Camp Kateri and North Fork Leadership Center.

5th Session – Sunday, 9:00 – 10:30 am

U. Planning Successful Events and Campouts	Help ensure your events are successful. Learn how to create a budget, involve girls in planning and decision making, and plan the program.
V. Gentle Art of Self Defense	Learn basic techniques and skills in the Art of Self Defense.
W. Songs & Games	Ready to have fun! Spend this class learning new songs and games that you can take back and teach to your girls!
X. Swaps and Traditions	What is a Swap anyway? Join us to discover the meaning of swaps and learn about many more Girl Scout Traditions
Y. Time Management	Learn to use a strategic time investment strategy to focus priorities, while balancing Girl Scout and personal commitments. We will discuss steps to avoid the “kiss of yes” and learn how to say “No” creatively. Learn how to encourage your girls and parents to have a plan of their own and establish an early warning system to identify problems and help manage priority shifts

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Complete the following form if you are mailing or faxing your registration. Mail to: Girl Scouts of Gateway Council, 1000 Shearer Avenue, Jacksonville, FL 32205-6055

PLEASE PRINT CLEARLY. **One person per registration form.**

Name:	_____
Address:	_____
city, state, zip:	_____
E-mail:	_____
Home Phone:	() _____
Work or Cell Phone:	() _____
Service Unit:	_____
Age Level :	_____
<p>Please indicate by placing an "x" by your preference when you plan to be at Adult Weekend:</p> <p> <input type="checkbox"/> Fri & Sat night <input type="checkbox"/> Friday night only <input type="checkbox"/> Saturday night only <input type="checkbox"/> Saturday only <input type="checkbox"/> Commute Friday <input type="checkbox"/> Commute Saturday <input type="checkbox"/> Commute Sunday </p> <p> Is this your first time attending Adult Weekend? _____ Yes _____ No </p> <p> If no, how many years have you been attending? _____ </p>	

Registration continued on back.

Name: _____

WORKSHOP SELECTIONS: If you are faxing this into the Jacksonville Service Center, please indicate a first, second and third choice for each session. Confirmation of workshops will be emailed following the processing of registration. Registration is on a first-come, first-served basis. If your 1st choice is full, you will automatically be given your 2nd or 3rd choice. If none is listed you will be given free time. By registering online you will be able to see which class opportunities are still available. So why not register online today!

Friday Night

Campfire magic (8:00 – 10:00 pm)

1st Session - Saturday, 9:00 am - 10:30 am

- A Outdoor Cooking Techniques (9:00 am – 12:00 pm)
- B Songs & Games
- C Bronze, Silver, & Gold Workshop
- D Conflict Resolution
- E Delegating Responsibility

2nd Session - Saturday, 10:50 am – 12:20 pm

- F What to do Instead of Screaming
- G Take Action projects
- H Adult Recognitions; Awards that Say Thank You!
- I Planning Successful Events and Campouts
- J Bridging Training

3rd Session - Saturday, 1:45 – 3:15 pm

- K Time Management
- L Bronze, Silver, & Gold Workshop
- M Conflict Resolution
- N Delegating Responsibility
- O Social Media Mavens/Promoting Girl Scouting in your Community

4th Session - Saturday, 4:05 – 5:35 pm

- P Swaps and Traditions
- Q Take Action projects
- R Astronomy Activities
- S Web 2.0 Intermediate
- T Adult Recognitions; Awards that Say Thank You!

5th Session - Sunday, 9:00 – 10:30 am

- U Planning Successful Events and Campouts
- V Gentle Art of Self Defense
- W Songs & Games
- X Swaps & Traditions
- W Time Management

Saturday Night

- Flag ceremonies (7:30 – 9:00 pm)
- Night Sky Viewing (9:00 – 10:00 pm)

