Welcome to the Daisy Flower Garden Activity Plan 1
Watering Can Award

Purpose: When girls have earned this award, they'll begin to understand the Girl Scout Promise and Law and experience what it means to be "responsible for what I say and do."

Planning Guides Link: Leadership

Activity Plan Length: 1.5 hours

Involve Family and Friends: Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

• Before the meeting:
  • Send a note to families to find those with interest in or expertise with the topic. Ask them to lead or support an activity or two, or even lead the whole meeting.
    • Offer this activity plan as a starting place and point out that they may choose alternative activities using the Customize It! section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there instead.

• At home:
  • Encourage families to ask questions about their girls' petal or journey activities. Some examples that work for any petal or journey include: What did you learn? What surprised you? What does it make you think of trying next?

• Throughout the year:
  • Suggest to families ways that girls can share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

Girls Take the Lead: Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

• Long Term Planning
  • If you use "Plan Your Daisy Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
  • If you are adapting the "Plan Your Daisy Year", get the girls' input on which petal or journeys to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one petal or journey she's excited about.

• Short Term Planning
  • Ask a family to help lead a petal or journey. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
  • Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.
Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.

Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.

At the Meeting

During the opening, have 1-2 girls share their answers to a get-to-know-you question.

Have girls fulfill their kaper chart responsibilities.

Try to find something in each activity that you can let girls decide or manage.

Customize It: If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: completing the activities as listed in the Welcome to the Daisy Flower Garden Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Watering Can Award if:

- They begin to learn the Girl Scout Promise and Law.
- They are "responsible for what they say and do" by planting and taking care of their mini flower garden.

Girls can continue their Daisy Flower Garden journey by earning the remaining awards: Amazing Daisy Award and Golden Honey Bee Award.

Resources

- This activity plan has been adapted from It's Your World-Change It! Welcome to the Daisy Flower Garden, which can be used for additional information and activities.
Getting Started
Time Allotment: 15 minutes

Materials Needed:
• Optional: Girl Scout Promise and Law printed out on poster board

Steps:
1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

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<td>I will do my best to be honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, and to respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.</td>
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3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

**Girl Scout Daisy Song**
I'm a Girl Scout Daisy! Take a look at me.
I'm a Girl Scout Daisy, happy as can be.
We're having fun and sharing each and every day. I'm a Girl Scout Daisy, Hip, Hip, Hooray!

I'm a Girl Scout Daisy! Take a look at me.
I'm a Girl Scout Daisy, happy as can be.
I'm going on a journey, with friends along the way. I'm a Girl Scout Daisy, Hip, Hip, Hooray!

**Activity #1: Girl Scout Law Flower Pots**
Journey Connection: Session 1—First Planting: A Mini Garden
Time Allotment: 15 minutes Prep Needed:
• Gather materials and supplies.

Materials Needed:
• Dixie cups or small flower pots
• Permanent markers
• Optional: Newspaper to cover work area
• Optional: Aprons or old t-shirts
• Optional: Girl Scout Law printed on poster board
Steps:
1. Explain to the girls that part of being a Girl Scout is living by the Girl Scout Law. As a group, come up with an example of each line of the Law. For example:
   • "Sharing my toys with my little sister is friendly and helpful."
   • "My family recycles and uses resources wisely."
2. Have each girl pick a line of the Law that she really likes.
3. Pass out a Dixie cup or flower pot to each girl.
4. Have each girl decorate her cup with the part of the Law she chose. Use permanent markers to decorate the cups or flower pots with words or pictures.

Activity #2: A Garden of My Own
Journey Connection: Session 1—First Planting: A Mini Garden
Petal Connection: Responsible for What I Say and Do (Orange Petal) and Friendly and Helpful (Yellow Petal)
Time Allotment: 25 minutes Prep Needed:
   • Gather materials and supplies.

Materials Needed:
   • Seeds or flowers for planting
   • Decorated cups or flower pots (from Activity #1)
   • Potting soil
   • Cup or shovel for scooping soil (or girls can use their hands!)
   • Optional: Small watering can

Steps:
1. Explain to the girls that they are going to work together to plant their own gardens. By planting and taking care of a garden they will be "responsible for what you say and do," "use resources wisely" and "make the world a better place"—just like the Girl Scout Law. Ask girls how they think gardens help make the world a better place.
2. Have girls work together in pairs as they plant their own gardens. One girl can hold the flower pot while the other scoops the soil, etc.
3. Using the cups or flower pots they just decorated, potting soil, and seeds or flowers, have girls create their own mini gardens. Lightly water the gardens once they are planted.
4. Tell girls that they are now responsible for their plant and they need to take care of it. Remind girls to water the plant regularly and put it somewhere where it will get just the right amount of sunlight.

Activity #3: Garden Scamper
Journey Connection: Session 2—Garden Scamper
Petal Connection: Courageous and Strong (Red Petal) and Honest and Fair (Light Blue Petal)
Time Allotment: 10 minutes

Steps:
1. Explain that the girls will need to be "honest and fair" and "courageous and strong" as they play this game!
2. Designate a starting line and a finish line on opposite sides of the room.
3. Split the girls into two groups. Have each group stand in a single-file line behind the starting line.
4. Explain the rules of the game:
   • You will call out the name of a garden critter such as a rabbit, bird, squirrel, grasshopper, etc.
   • The girls at the front of each line must move like that critter to get across the room.
   • When they get to the finish line, the girl must then call out a new critter so her teammate can travel across the room, moving like the new critter. Girls cannot repeat a critter within the same line.
   • If a girl doesn't move like the critter, she must go to the back of the line.
Steps:
1. Continue down the line until all girls have gotten to the other side. The first group to make it to the other side wins.
5. After playing the game, ask girls how they showed they were "honest and fair" and "courageous and strong" during the game.

**Activity #4: Snack Chat**
Journey Connection: Questions link to the Daisy Flower Garden-Sessions 1 and 2
Time Allotment: 10 minutes
Steps:
1. While enjoying a healthy snack of your choice, here are some things to talk about:
   - What is your favorite line of the Girl Scout Law? Why?
   - How will you continue to take care of your mini garden?
   - What is your favorite flower?
   - What is your favorite garden critter?
   - What ways can critters hurt your garden? (i.e. they can eat plants, dig up the dirt, etc.)
   - What ways do critters help your garden? (i.e. worms create healthy soil, ladybugs eat dangerous bugs, etc.)

**Wrapping Up**
Time Allotment: 15 minutes
Materials Needed:
- Optional: Make New Friends printed on poster board
Steps:
1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them. Our friendship circle is an example of how we can be a "sister to every Girl Scout."
2. Sing "Make New Friends."

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<td>Make new friends, but keep the old. One is silver, the other is gold.</td>
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3. After the song, ask everyone to be quiet.
4. Assign one girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

**More to Explore**
- Field Trip Ideas:
Visit a local community garden, flower shop, or garden center. Take a walk near your meeting place and look at the plants and flowers in the area. While walking around, pick up trash.

- Speaker Ideas:
  - Invite a florist or gardener to speak about gardening.
  - Invite an older Girl Scout to talk about how she lives the Girl Scout Promise and Law.

**Family Follow Up Email**

Use the email on the next page as a template to let families know what you did at the meeting today. Feel free to add additional information, including:
- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about the Girl Scout Promise and Law. We talked about what it means to be "responsible for what I say and do" and earned the Watering Can Award.

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We had fun:
- Making mini flower gardens to take care of at home
- Acting like critters you find in a garden

Continue the fun at home:
- Ask your Girl Scout what her favorite part of the Girl Scout Law is and what it means to her.*
- Help your Girl Scout water and take care of her new mini flower garden.*
- Look at the Welcome to the Daisy Flower Garden journey book and read about the adventures of Chandra, Cora, Campbell and the Flower Friends.

*Please complete these steps to help your Girl Scout earn the Watering Can Award.

Thank you for bringing your Daisy to Girl Scouts!